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UNIVERSITY OF NEGROS OCCIDENTAL - RECOLETOS, BACOLOD CITY

PR UPDATES



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UNOR ALUMNUS IS TOP 2 IN 2020 PLE



Top 2 in the concluded November 2020 Physician Licensure Examination is the graduate of University of St. La Salle - College of Medicine, Patrick Joseph Mabugat. He got the rating of 88.58. Mabugat is top 2 among the 3,538 who passed from 4,704 who took the Physicians' Licensure Exams. He is a graduate of UNO-R Medical Technology and became the top 1 in the Medical Technology Board Examination in 2014. He finished his high school from La Consolacion College - Bacolod. (News from Martian Muyco, <https://www.facebook.com/digicastnegros>)

The top 10 of the Physicians' Licensure Exam are 1st -Jomel G. Lapidés (U-Manila), 2nd - Patrick Joseph A. Mabugat (USLS) and Adrian Emanuel Teves (UST); 3rd - Henrick Ryan Fong (UST); and Raphael Cecilio Rodolfo (UP-Manila); 4th Rafael Emmanuel Mendoza (Ateneo); 5th - Hannah Chito (P-Manila), Chino Paolo Samson (Lyceum Northwestern University, Dagupan) and Tiffany Grace Uy (UP- Manila); 6th - Florence Marie Maramba (UST); 7th Czarina Angelli Anastacio and Ernest Paul Calasanz

(Pamantasan ng Lungsod ng Maynila); 8th - Jem Marie Golbin; and Eric David Ornos (UP - Manila); 9th - Louie Lorenz Alcantara (Ateneo) and Mark Dumago (UST); 10th - John Raphael Almanza, Markyn Jared Kho (UP-Manila), Christian John Capirig (Davao Medical School Foundation), and Chelsea Colleen Paris (Ateneo)



Ms. Jessica Ayre, MBA

Fray Ronel Gealon, OAR

Mrs. Ma. Judy Legaspi, MAEd

UNO-R CONDUCTS READS POISE TRAINING

With the approval of the UNO-R School Board, an online training was conducted to the Recoletos Educational Assistance for Deserving Students (READS) last Nov. 22, 2020 and the second part will be held on November 28, 2020. Tagged as "Performance in Office and Information Service Enhancement (POISE) Training" was given by Mrs. Ma. Judy B. Legaspi, secretary to the University President and Ms. Jessica Ayre, secretary to the VP-Academics. The program opened with the welcome message of Fray Ronel Gealon, OAR, UNO-R VP-Administration and Director of Scholarships. The topics of the day were focused on Office Procedures and Etiquettes. How does one respond and react to eventualities that may arise within the office, handling different types of visitors inside the office and proper ways of serving guests were the specific topics of the day. On November 28, training on Information service will be held for the READS. This is a training module that will help the participants maximize their

The people who remained victorious were less like conquerors than conquered.

- ST. AUGUSTINE, De Civitate Dei

communication skills using all forms of media. The training includes the traditional and new ways of handling telephone calls. This will be given by Mrs. Legaspi and Ms. Ayre. The 2nd day training will end with the presentation of the Information Manual by the Director for External Affairs, Dr. Carlos Eduardo Legaspi, Jr.



UNO-R READS and MC ALUMNUS WINS GMEA2020

READS and BS Mass Communication alumnus and SunStar Bacolod multimedia content editor and reporter Erwin Nicavera bags three awards in the recently-concluded Globe Media Excellence Awards (GMEA) 2020. He won the News Report of the Year for Print [Visayas], Investigative/Explanatory Video Story for Digital [Visayas] and Community Development Story of the Year [Visayas] awards. About 400 entries from the Visayas and Mindanao were screened in this year's GMEA. (news from Sunstar Bacolod)

CARITAS: A CONCERT FOR A CAUSE

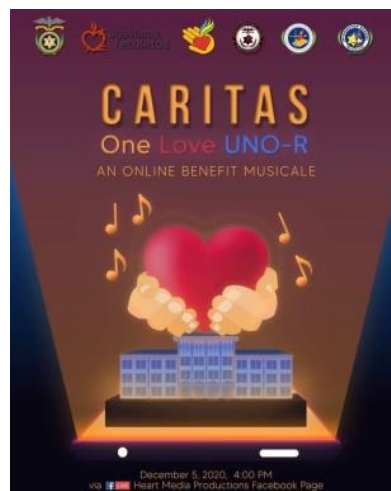
Amidst the pandemic, UNO-R together with University Community Development Office (UCDO) is finding its way to continuously help those who are mostly affected members of its community which include, 234 READ scholars, 34 security personnel, 30 janitorial staff, and 99 RESOURCE Handumanan families. With this, the University Community Development Office (UCDO) together with UNO-Recoletos Supreme Student Government (UNORSSGO) brings you CARITAS: One Love UNO-R, an online benefit musicale on December 5, 2020, 4:00 PM, at the La Salud Hall and on live stream via Heart Media Production Facebook Page with these multi-talented powerful set of performers with the special participation of #UNORKDC.

We stand together with one heart in this pandemic. See you virtually!

#TatakRekoletto; #CaritasMusical; #SolidarityandJustice;

#KasadyahanDanceCompany

<https://www.facebook.com/hashtag/caritasmusical>



UNO-R JOINS RED WEDNESDAY 2020 ON NOVEMBER 25

ALL RED. Oratory of St. Nicholas of Tolentine joined the whole Catholic world in observance of “Red Wednesday”. This is an annual community activity that is aimed to raise awareness about the plight of persecuted Christians around the world all our suffering brothers and sisters. After the 6:00 PM Eucharistic Celebration at the Oratory led by Fray Cristituto Palomar, OAR, the Lighting of the RED lights in front of the Oratory followed. A prayer was led by Fra Palomar for the suffering and the persecuted.



Speaker:

Rev. Fr. Romeo Ben A. Potencio, Jr., OAR

UNO-R CELEBRATES VOCATION AWARENESS DAY

The university community celebrated the Vocation Awareness Day with the theme, “The Voice that calls within” last November 20, 2020. A talk about vocation was given by Fray Romeo Ben Potencio, OAR before the Vocation Mass at 3pm at the oratory of St. Nicholas of Tolentino. Fr. Potencio opened his reflection by requesting everyone to discern on the spirituality of their own vocation in life and to dialogue with God and the Saints. Reflect on the will of God for us. We need to acknowledge that God is the Principal of our vocation. We have to remember also that God has set for us a unique way that would lead us to our redemption or salvation. Or response is or vocation, our choice of life. We always have to discern the will of God because most often it is off-tangent with ours. There is always sacrifice in following God. We need to ask ourselves, What God is asking of me? How does God want me to serve Him?

Fr. Potencio also shared that there are four vocations that God wants us to choose from. The first is Married life. He called it as the primordial vocation. It is the basic framework of all other vocations. Second is Single Blessedness. This is a life for those who have special missions for the Church. This is a life

dedicated for service to others. Third is Religious life. This is for those who had dedicated their lives to God embracing the Evangelical Counsels of Chastity, Poverty and Obedience. This is a life embracing a certain charisms, like

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that of the Augustinian Recollects which is to build communion. He further noted that we are builders of relationship with God and our brethren in school and on the mission. And the fourth is the Priesthood whose nucleus is the pastoral ministry of saving souls through teaching and preaching.

He recapped his talk by again asking these questions: What God wants from us?; What is our vocation?; and What is my mission? He then continued by sharing his religious vocation experience. He said that his vocation entails sacrifice, personal and family. But the consolation of the sacrifice is that the family becomes part of his vocation. He encouraged everyone to entertain the gift of vocation that God has given us. Never hesitate to answer that call.

UNO-R DONATES TO CSNT-R and Monastery

The university in its passion to help the small OAR schools, as embodied in Life and Mission Project (LAMP)#37 of the OAR Province of St. Ezekiel Moreno, has donated to Colegio San Nicolas de Tolentino - Recoletos, Talisay City (CSNT-R). The donations were turned-over last November 20, 2020 to the staff of CSNT-R. The Fray Luis de Leon Library donated 745 books and 770 volumes of unprocessed and uncatalogued library materials from the Philippine Library Materials Project Foundation, Inc. (PLMP) selection and 700 titles and 706 volumes from the American Studies Resource Center (ASRC) collection.

Meanwhile, the University Medical and Dental Clinic headed by Fray Amado Lucero, OAR donated Medical equipment and supplies to CSNT-R. These are 2 units of nebulizers; 2 packs of nebulizer masks, 1 roll of rolled gauze (big); 1 box of paracetamol Biogesic; 1 tube of Burn ointment; 1 bottle of Betadine Antiseptic solution; and 3 boxes of Oral Rehydration salt.

The university also donated 1 set of desktop computer and 1 unit of LCD Epson projector to the community of OAR nuns at Ezekiel Moreno Monastery in Tangub, Bacolod City.

UNORIANS ATTEND 1ST CEAP-NHEC VIRTUAL SUMMIT

Administrators of the university attended the Catholic Educational Association of the Philippines - National Higher Education Commission 2020 Summit held virtually last November 17-19, 2020. The summit opened with the Eucharistic celebration led by Cardinal-elect Most Rev. Jose F. Advincula, Jr., DD. Opening formalities were led by Sr. Marissa R. Viri, RVM -CEAP President while Fr. Jose Gualberto Villasis, Chairperson of the NHEC. The 1st day session was on "Critiquing Crisis Response". The international panel was composed of Dr. Isabel Gil, Dr. Ridwan Sanjaya, Dr. Gearme Atherton and Fr. Gilbert Sales. The second day which tackled on "Creating our Crosses: What internal dilemmas fueled more issues?" The panel was composed of Fr. Neilo Cantilado, SVD; Br. Noelvic H. Deloria, SC; Fr. Eugene Lucerna II, PhD, RPsy, Mr. Anthony Jose Tamayo and Fr. Thadeu Enrique Balongag. The panel for the 3rd day session on "Cruising on Crossroads" were Sr. Editha Zerna, OSA, PhD; Fr. John Christian Young; Fr. Nathaniel Gomez, PhD; Dr. Luis Maria Calingo; and Dr. Pilar Romero. The summit closed with a Eucharistic celebration led by Most Rev. Roberto C. Malari, DD, Bishop of San Jose, Nueva Ecija.

DSA ISSUES GUIDELINES ON RELEASE OF IDS

The office of the Director of Student Affairs released new guidelines on the claiming of school ID for both new and continuing students for academic year 2020-2021.

The new guidelines for Continuing Students are: one must send an email to unordsa@uno-r.edu.ph indicating the date of claiming the ID; wait for the email response and instruction from the DSA office; and claim the ID on the date set by the DSA.

While the new guidelines for New Students are: Make sure that you have already sent a picture of your signature on a piece of bond paper to the official email of the DSA; send a follow-up email to unordsa@uno-r.edu.ph indicating the date of claiming the ID; wait for the response and instruction from the DSA office; and claim the ID on the date set by the DSA.

All the ID's are released at the university entrance.

UNORIANS IN EDUCAR INTERNATIONAL TEAMS AND REAP NATIONAL TEAMS

The EDUCAR international educational network is made up of more than 100 educational centers of the Augustinian Recollect Family in America, Europe and Asia: universities; schools of infant, primary, secondary, high school education; vocational training centers and social-solidarity educational initiatives. This year EDUCAR has formed international work teams which are Pastoral, Formation, Project and Communication. UNORIans have been chosen to

be part of these international work teams. They are Fray Cristituto Palomar OAR (pastoral), Fray Ronel Gealon, OAR (formation), Ms. Maribel Gonzales (project) and Carlos Eduardo Legaspi, Jr. (communications).

Meanwhile, the Recoletos Educational Apostolate in the Philippines had also formed teams aligned with the EDUCAR teams. The members of the REAP work teams are: For Pastoral: Fray Arian Josef Ocheda, OAR (USJ-R)-head, Fray Cristituto Palomar, OAR -co-representative with Fray Domingo Saladaga, OAR; Fray Allan Cabatian, OAR; Fray Antonio Lmchaypo, OAR; Fray Joseph Dexter Palagtiosa, OAR; Fray Emilio Jaruda, OAR and Mr. June Siano as members . For the Formation Team: Fray Rafael Pecson , OAR (SSC-R de Cavite)- head and Dr. Agnes Sequino (USJ-R) - co-representative with Fray Leonardo Pauligue, OAR; Fray Dexter Tanguis, OAR; Ms. Stephanie Mae Leones; Dr. Carmenda Leonoras; Mrs. Grace Poblete; Ms. Adelaida Briones; Mr. Danilo Roblico, Jr.; and Ms. Merlyn Cuenca as members. For the Project team: Dr. Julieta Catipay (USJ-R) - Head and Ms. Maribel Gonzales - co-representative with members: Fray Eduardo Celiz, OAR; Fray Vincent Cadelina, OAR; Fray Vicente Ramon, OAR; Mr. Francis Maria Competente; Dr. Ma. Corazon Cosico; Ms. Anna Mae Gajete; Ms. Nita Bolo; Mr. Christian James Tindo. For the Communication Team: Dr. Carlos Eduardo Legaspi, Jr.- Head and Ms. Loraine Mitzi A. Ambrad - co-representative with Fray Rommel Rubia, OAR, Fray Anthony Morillo, OAR; Fray Dexter Tanguis, OAR; Ms. Georgene Rhena Tambiga; Mr. Harold Torreno; Ms. Eleanor Pandanan; ad Ms. Cate Nicole Mongcopa as members.



THE SEASON OF ADVENT STARTS ON SUNDAY, Nov. 29.

The liturgical season of Advent marks the time of spiritual preparation by the faithful before Christmas. Advent begins on the Sunday after the Solemnity of Christ the King. It spans four Sundays and four weeks of preparation, although the last week of Advent is usually truncated because of when Christmas falls.

The Catechism stresses the two-fold meaning of this coming : When the Church celebrates the liturgy of Advent each year, she makes present this ancient expectancy of the Messiah, for by sharing in the long preparation for the Saviors first coming, the faithful renew their ardent desire for His second coming . Despite the sketchy history behind Advent, the importance of this season remains to focus on the coming of our Lord. (Advent comes from the Latin *adventus*, meaning coming.) The Catechism stresses the two-fold meaning of this coming : When the Church celebrates the liturgy of Advent each year, she makes present this ancient expectancy of the Messiah, for by sharing in the long preparation for the Saviors first coming, the faithful renew their ardent desire for His second coming (No. 524).

A good, pious way to help us in our Advent preparation has been the use of the Advent wreath. The wreath is a circle, which has no beginning or end: So we call to mind how our lives, here and now, participate in the eternity of Gods plan of salvation and how we hope to share eternal life in the Kingdom of Heaven. The wreath is made of fresh plant material, because Christ came to give us new life through His passion, death, and resurrection. Three candles are purple, symbolizing penance, preparation, and sacrifice; the pink candle symbolizes the same but highlights the third Sunday of Advent, Gaudete Sunday, when we rejoice because our preparation is now half-way finished.

The light represents Christ, who entered this world to scatter the darkness of evil and show us the way of righteousness. The progression of lighting candles shows our increasing readiness to meet our Lord. Each family ought to have an Advent wreath, light it at dinner time, and say the special prayers. This tradition will help each family keep its focus on the true meaning of Christmas. In all, during Advent we strive to fulfill the opening prayer for the Mass of the First Sunday of Advent: Father in Heaven, ... increase our longing for Christ our Savior and give us the strength to grow in love, that the dawn of His coming may find us rejoicing in His presence and welcoming the light of His truth. (*Data from <https://www.catholiceducation.org/en/culture/catholic-contributions/the-liturgical-season-of-advent.html>*)

